

League

MALABAR 10KM - PORT ELIZABETH - 2008/11/22

POS	R/NO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
1	85	165	GEORGE	NTSHILIZA	MR PRICE A C EP	M	29	SM	0.32.16	5	25
2	83	1974	SANDILE	NGUNUZA	NEDBANK RC EP	M	25	SM	0.32.41	5	24
3	1009	1716	SIBUSISO	THU	RALEIGH A C	M	20	SM	0.32.55	5	23
4	760	158	DESMOND	ZIBI	MR PRICE A C EP	M	45	45-49M	0.33.19	5	22
5	595	2352	MASANDE	MLONYENI	NEDBANK RC EP	M	28	SM	0.33.31	5	21
6	783	174	ANELE	MALIZA	MR PRICE A C EP	M	30	SM	0.33.34	5	20
7	726	9107	IVAN	AMBRAAL	NEDBANK RC EP	M	19	JM	0.33.38	5	19
8	130	881	MZAMO	FOKWANA	CHARLO A C	M	31	SM	0.34.17	5	18
9	702	2483	MABOYISANA	MAZWAYI	NEDBANK RC EP	M	40	40-44M	0.34.18	5	17
10	924	1412	APHLYN	TAAI	NEDBANK RC EP	M	26	SM	0.34.31	5	16
11	573	1569	PHUMZILE	SIKAWUTI	NEDBANK RC EP	M	29	SM	0.34.54	5	15
12	1192	9134	LUBABALOO	MDLUNGWANE	NEDBANK RC EP	M	15	JM	0.35.55	5	14
13	1006	1979	BULELANI	VENA	MR PRICE A C EP	M	29	SM	0.36.02	4	13
14	777	9339	MORNE	BUIS	NEDBANK RC EP	M	16	JM	0.36.21	4	12
15	768	9137	MELIKHAYA	FRANS	NEDBANK RC EP	M	16	JM	0.36.22	4	11
16	721	182	MLUNGISELELI	MANYATI	ST ALBANS CSEP	M	33	SM	0.36.23	4	10
17	778	9340	MARIANO	EESOU	NEDBANK RC EP	M	16	JM	0.36.24	4	9
18	1051	1565	MELIKHAYA	KEPE	NEDBANK RC EP	M	32	SM	0.36.25	4	8
19	559	1559	TERRANCE	MJEKULA	NEDBANK RC EP	M	36	35-39M	0.36.26	5	7
20	905	1577	THEMBEKILE	MSIPA	NEDBANK RC EP	M	34	SM	0.36.42	4	6
21	728	1607	EMERSON	KAYANA	NEDBANK RC EP	M	34	SM	0.37.18	4	5
22	729	132	ELLIOT	NYARASHE	P.E.A.A.C.	M	29	SM	0.37.21	4	4
23	915	1127	BRADLEY	MACKENZIE	ACHILLES AAA	M	36	35-39M	0.37.35	4	3
24	719	9338	VERNON	BOOYSE	NEDBANK RC EP	M	17	JM	0.37.43	4	2
25	9731	1429	DANNY	HARTZENBERG	NEDBANK RC EP	M	32	SM	0.37.50	4	1
26	7	1133	MICHAEL	BESTER	ACHILLES AAA	M	21	SM	0.37.53	4	0
27	947	947	THOKOZANI	FANI	TEMP	M	19	JM	0.38.10	0	0
28	147	957	LUYOLO	NQI	CHARLO A C	M	22	SM	0.38.15	3	0
29	743	237	FREDERIK	JANTJIES	MALABAR	M	39	35-39M	0.38.15	4	0
30	765	559	GURSHAN	PETERSEN	X-CEL A C	M	32	SM	0.38.32	3	0
31	1190	9124	SIMPHIWE	NTOMBANA	NEDBANK RC EP	M	15	JM	0.38.38	3	0
32	791	848	ALFRED	PAKKIES	LEGACY AC	M	40	40-44M	0.38.42	4	0

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33	953	953	MALUNGISA	OLAYI	TEMP	M	29	SM	0.38.55	0	0
34	706	1476	MALIVIWE	NGAMNTWINI	NEDBANK RC EP	M	22	SM	0.38.56	3	0
35	23	105	RICHARD	DOLF	P.E.A.A.C.	M	38	35-39M	0.39.07	3	0
36	785	1406	AUGUST	ESAU	NEDBANK RC EP	M	37	35-39M	0.39.09	3	0
37	64	1376	ANDREW	LONG	MADIBA BAY AC	M	41	40-44M	0.39.10	4	0
38	1052	2042	ALFRED	QOGI	NEDBANK RC EP	M	35	35-39M	0.39.11	3	0
39	754	2085	NTOMBESINTU	NTSHILIZA	NMMU A C	F	26	SF	0.39.11	5	25
40	174	9060	KHUSELI	ZONDANI	CHARLO A C	M	19	JM	0.39.40	3	0
41	65	157	CHRISTOPHER	MABENGEZA	MR PRICE A C EP	M	42	40-44M	0.39.44	4	0
42	1004	9304	DUWAYNE	LUCAS	NEDBANK RC EP	M	19	JM	0.39.49	3	0
43	563	1396	ZINGISILE	MKOSANA	NEDBANK RC EP	M	31	SM	0.39.50	3	0
44	774	1732	VERNON	NEWFELDT	WILLARD BATT	M	42	40-44M	0.39.51	4	0
45	805	1752	KAASHIF	PIETERSEN	WILLARD BATT	M	32	SM	0.39.52	3	0
46	955	955	MZUKISI	ZAKO	TEMP	M	34	SM	0.40.00	0	0
47	744	438	HERNUS	SASS	MECER KWANOBUHL	M	44	40-44M	0.40.03	4	0
48	710	1414	CHARLES	BAATJIES	NEDBANK RC EP	M	52	50-54M	0.40.12	5	0
49	807	39	PHILBERT	TYOMBO	P.E.A.A.C.	M	45	45-49M	0.40.18	4	0
50	762	1177	DARYL	NORTH	ACHILLES AAA	M	31	SM	0.40.24	3	0
51	1334	1757	MERVYN	JOHNSON	WILLARD BATT	M	34	SM	0.40.28	3	0
52	950	950	LEETO	KHOABANE	TEMP	M	20	SM	0.40.37	0	0
53	893	1572	MZIYANDA	MELENI	NEDBANK RC EP	M	39	35-39M	0.40.38	3	0
54	974	974	GERHARD	LUCK	TEMP	M	49	45-49M	0.40.43	0	0
55	949	949	SINETHEMBA	JALI	TEMP	M	18	JM	0.40.51	0	0
56	550	1242	ANDRE	WILLEMSE	ELITE A C	M	50	50-54M	0.40.58	5	0
57	41	2029	FERDINAND	GROBLER	DESPATCH A C	M	50	50-54M	0.40.58	5	0
58	711	1100	GARRETH	JACOBSON	ACHILLES AAA	M	33	SM	0.41.00	3	0
59	596	1773	GRANT	JACOBS	WILLARD BATT	M	27	SM	0.41.01	3	0
60	704	2331	ALOIS	DZINGAYI	NEDBANK RC EP	M	29	SM	0.41.03	3	0
61	780	870	VINCENT	MBIXANA	LEGACY AC	M	40	40-44M	0.41.14	3	0
62	769	1748	DEON	MIGGELS	WILLARD BATT	M	38	35-39M	0.41.24	3	0
63	166	971	JEFFREY	VAN NIEKERK	CHARLO A C	M	35	35-39M	0.41.30	3	0
64	954	954	MANDILAKHE	SITATU	TEMP	M	19	JM	0.41.31	0	0
65	554	171	TAMSANQA	JUSAYI	MR PRICE A C EP	M	66	65-69M	0.41.31	5	0
66	1189	1437	FIKILE	SEYA	NEDBANK RC EP	M	55	55-59M	0.41.32	5	0

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67	1005	1168	ANDREW	PORTER	ACHILLES AAA	M	36	35-39M	0.41.43	3	0
68	775	625	MELVILLE	JOSEPH	SANDF EP	M	45	45-49M	0.41.44	4	0
69	1003	1491	DEON	PRETORIUS	NEDBANK RC EP	M	42	40-44M	0.41.50	3	0
70	1097	1583	ZOLEKA	DONDASHE	NEDBANK RC EP	F	23	SF	0.41.58	4	24
71	158	882	AUBREY	SITHOLE	CHARLO A C	M	30	SM	0.42.03	2	0
72	137	897	PATRICK	JIBILIZA	CHARLO A C	M	30	SM	0.42.10	2	0
73	557	1328	URAN	LE ROUX	VWAC	M	42	40-44M	0.42.14	3	0
74	892	871	AARON	NXUMALO	P.E.A.A.C.	M	24	SM	0.42.17	2	0
75	952	952	BONAKELE	MANDEKA	TEMP	M	40	40-44M	0.42.20	0	0
76	14	1595	GEORGE	BUKA	NEDBANK RC EP	M	38	35-39M	0.42.23	3	0
77	727	9149	DELIWE	NYANGA	P.E.A.A.C.	F	19	JF	0.42.34	3	23
78	709	1279	STEPHEN	KLUE	ELITE A C	M	50	50-54M	0.42.37	4	0
79	718	1401	SAMKELO	SINYONGO	NEDBANK RC EP	M	27	SM	0.42.44	2	0
80	115	1441	PETER	VAN RENSBURG	ELITE A C	M	50	50-54M	0.43.18	4	0
81	799	1539	MARTIN	JANSEN	NEDBANK RC EP	M	40	40-44M	0.43.25	3	0
82	301	1224	CLIVE	WEWERS	ELITE A C	M	48	45-49M	0.43.33	3	0
83	1008	2057	URSULA	KUHN	NMMU A C	F	27	SF	0.43.53	3	22
84	69	1698	DONALD	MANCASA	RALEIGH A C	M	54	50-54M	0.43.56	3	0
85	306	1354	HANNES	ELS	MADIBA BAY AC	M	58	55-59M	0.44.10	4	0
86	160	884	SINDILE	SKITI	CHARLO A C	M	31	SM	0.44.11	2	0
87	763	1163	ROBIN	FOURIE	ACHILLES AAA	M	45	45-49M	0.44.11	3	0
88	909	1318	ELROY	MATTHEWS	VWAC	M	39	35-39M	0.44.12	2	0
89	168	999	FRED	VERRALL	CHARLO A C	M	60	60-64M	0.44.18	5	0
90	15	501	TRELOAR	CHILDS	SPAR WALMER A C	F	45	45-49F	0.44.19	5	21
91	543	1708	JIMMY	STYAN	RALEIGH A C	M	56	55-59M	0.44.27	4	0
92	742	1287	RODGER	GYSMAN	EBENEZER	M	35	35-39M	0.44.35	2	0
93	26	1524	SAM	ERASMUS	NEDBANK RC EP	M	51	50-54M	0.44.39	3	0
94	786	1528	IVAN	MOSES	NEDBANK RC EP	M	46	45-49M	0.44.41	3	0
95	9	1518	THEMBANI	BOARDMAN	NEDBANK RC EP	M	27	SM	0.44.47	2	0
96	302	1189	RODNEY	BOOTH	ACHILLES AAA	M	30	SM	0.44.52	2	0
97	714	1408	DANNY	MINNIES	NEDBANK RC EP	M	44	40-44M	0.44.57	2	0
98	894	2017	RUDI	VAN TONDER	DESPATCH A C	M	36	35-39M	0.45.13	2	0
99	793	1156	BRUCE	MCEWAN	ACHILLES AAA	M	55	55-59M	0.45.15	4	0
100	891	2	EDDIE	WALKER	P.E.A.A.C.	M	62	60-64M	0.45.19	5	0

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101	555	148	RENIER	VAN VUUREN	P.E.A.A.C.	M	51	50-54M	0.45.30	3	0
102	1193	2250	LWANDISO	REVE	FIT 2000 WP	M	33	SM	0.45.40	0	0
103	599	34	ROBERT	RIETMULLER	P.E.A.A.C.	M	52	50-54M	0.45.42	3	0
104	127	9005	VUSUMZI	DICKSON	CHARLO A C	M	17	JM	0.45.57	2	0
105	1191	9138	KHWEZI	NELANI	NEDBANK RC EP	M	17	JM	0.46.04	2	0
106	797	136	ERROL	ROSSOUW	P.E.A.A.C.	M	58	55-59M	0.46.05	3	0
107	149	946	RUSSELL	PARKER NANCE	CHARLO A C	M	44	40-44M	0.46.06	2	0
108	148	994	NJABULO	NYATHI	CHARLO A C	M	20	SM	0.46.07	2	0
109	78	192	NEVILLE	MULLER	ST ALBANS CSEP	M	41	40-44M	0.46.20	2	0
110	794	1148	PERCY	DALTON	ACHILLES AAA	M	60	60-64M	0.46.22	4	0
111	720	1258	JOHANN	POSTMA	ELITE A C	M	43	40-44M	0.46.23	2	0
112	146	938	BONAKELE	NKWELANA	CHARLO A C	M	32	SM	0.46.40	2	0
113	977	977	DEON	CLAASSEN	TEMP	M	33	SM	0.46.41	0	0
114	119	886	ELMARIE	BEZUIDENHOUT	CHARLO A C	F	26	SF	0.46.52	2	20
115	142	885	PHAKAMILE	MATYUNU	CHARLO A C	M	41	40-44M	0.47.10	2	0
116	764	1194	PAUL	GERBER	ELITE A C	M	43	40-44M	0.47.15	2	0
117	1194	1957	EDDIE	GILLMORE	BLUEWATER BAY	M	51	50-54M	0.47.18	2	0
118	784	1040	KEITH	WATTRUS	BODY CONCEPT	M	50	50-54M	0.47.33	2	0
119	152	9010	NTANDO	PORO	CHARLO A C	M	18	JM	0.47.35	2	0
120	155	944	GREGORY	ROSS	CHARLO A C	M	35	35-39M	0.47.41	2	0
121	151	978	SHAUN	PAYTON	CHARLO A C	M	38	35-39M	0.47.42	2	0
122	170	979	DEREK	WILSON	CHARLO A C	M	44	40-44M	0.47.51	2	0
123	724	138	BAFUMANE	NYANGA	P.E.A.A.C.	M	48	45-49M	0.48.00	2	0
124	895	584	SHANE	WEIDEMAN	CADBURY A C	M	36	35-39M	0.48.08	2	0
125	917	160	GRIZELDA	PIETERSEN	ACHILLES AAA	F	40	40-44F	0.48.10	2	19
126	1159	1603	MORNE	VAN WYK	NEDBANK RC EP	M	38	35-39M	0.48.15	2	0
127	107	1512	LOUIS	SWIEGELAAR	NEDBANK RC EP	M	42	40-44M	0.48.21	2	0
128	781	543	JOHANNES	GESWINDT	X-CEL A C	M	49	45-49M	0.48.25	2	0
129	736	1111	GRAHAM	CHANNON	ACHILLES AAA	M	59	55-59M	0.48.35	2	0
130	114	1235	HEINE	VAN EYK	ELITE A C	M	43	40-44M	0.48.44	2	0
131	767	2367	NOLAN	SMITH	SAP M C EP	M	46	45-49M	0.48.51	2	0
132	556	2502	GERT	NELL	P.E.A.A.C.	M	50	50-54M	0.48.58	2	0
133	903	569	RICARDO	SLINGE	CADBURY A C	M	37	35-39M	0.49.03	2	0
134	95	1157	GEOFF	ROBERTS	ACHILLES AAA	M	56	55-59M	0.49.08	2	0

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135	117	29	WILLIAM	VORSTER	P.E.A.A.C.	M	62	60-64M	0.49.17	3	0
136	73	2400	WERNER	MEYER	SAP M C EP	M	35	35-39M	0.49.18	2	0
137	1188	323	CLIVE	VAN RAYNER	MUIRITE STRIDER	M	41	40-44M	0.49.19	2	0
138	153	9411	DEAN	POTGIETER	CHARLO A C	M	16	JM	0.49.22	1	0
139	27	2364	JOHAN	FERREIRA	SAP M C EP	M	47	45-49M	0.49.22	2	0
140	102	713	MBULELO	SOBIKWA	CRUSADERS A C	M	54	50-54M	0.49.23	2	0
141	912	845	ANNELIE	NEL	LEGACY AC	F	34	SF	0.49.23	2	18
142	305	1363	LEON	GROENEWALD	MADIBA BAY AC	M	42	40-44M	0.49.24	2	0
143	566	2027	FANIE	CLAASSEN	DESPATCH A C	M	51	50-54M	0.49.25	2	0
144	752	2031	HELGARD	POTGIETER	DESPATCH A C	M	36	35-39M	0.49.30	2	0
145	110	220	BENNIE	THYSSE	ST ALBANS CSEP	M	51	50-54M	0.49.31	2	0
146	746	214	THEUNIS	MARAIS	ST ALBANS CSEP	M	42	40-44M	0.49.34	2	0
147	914	1099	MARY GRACE	VILLANUEVA	ACHILLES AAA	F	32	SF	0.49.41	2	17
148	58	1445	DEON	FOURIE	NEDBANK RC EP	M	39	35-39M	0.49.43	2	0
149	747	1170	JOY ANNE	PREGNALATO	ACHILLES AAA	F	38	35-39F	0.49.46	2	16
150	56	1114	GAIL	KLICHOWICZ	ACHILLES AAA	F	42	40-44F	0.49.48	2	15
151	782	404	PETER	BERRY	MOSSEL BAY HARR	M	32	SM	0.49.58	0	0
152	310	1027	JANETTE	SCHIERZ-CRUSIUS	BODY CONCEPT	F	48	45-49F	0.50.04	2	14
153	737	1144	KEN	BARWOOD	ACHILLES AAA	M	53	50-54M	0.50.11	2	0
154	48	1576	MARK	HOUWLAND	NEDBANK RC EP	M	46	45-49M	0.50.17	2	0
155	80	190	ADELE	NEL	ST ALBANS CSEP	F	35	35-39F	0.50.18	2	13
156	4	1145	KEITH	BAYLIS	ACHILLES AAA	M	50	50-54M	0.50.22	2	0
157	1186	513	ELMAR	VAN EYCK	X-CEL A C	M	41	40-44M	0.50.30	2	0
158	825	1270	RIAN	BARNARD	ELITE A C	M	39	35-39M	0.50.32	1	0
159	716	2083	ODWA	MTATI	NMMU A C	M	38	35-39M	0.50.50	1	0
160	37	2362	DIRK	GREEFF	SAP M C EP	M	35	35-39M	0.50.51	1	0
161	154	1470	JOHAN	RHEEDER	NEDBANK RC EP	M	46	45-49M	0.50.52	2	0
162	568	1909	WIMPIE	HERBST	BLUEWATER BAY	M	46	45-49M	0.50.57	2	0
163	113	1010	JAN	VAN EEDEN	NEDBANK RC EP	M	50	50-54M	0.51.07	2	0
164	16	36	MICHAEL	COLLINS	P.E.A.A.C.	M	70	70+M	0.51.13	3	0
165	823	1402	NOXOLO	MARKS	NEDBANK RC EP	F	22	SF	0.51.14	2	12
166	923	40	ANDILE	GO	P.E.A.A.C.	M	37	35-39M	0.51.15	1	0
167	723	1220	NOEL	VAN WILLING	ELITE A C	M	42	40-44M	0.51.18	1	0
168	72	189	PIET	MEYER	ST ALBANS CSEP	M	59	55-59M	0.51.27	2	0

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169	70	1902	JOHANN	MEUWESEN	BLUEWATER BAY	M	43	40-44M	0.51.42	1	0
170	705	536	CHESTER	BROOKS	X-CEL A C	M	50	50-54M	0.51.44	2	0
171	134	9055	RYAN	HAWKINS	CHARLO A C	M	16	JM	0.51.45	1	0
172	572	1385	HERMIE	FISHER	MADIBA BAY AC	F	41	40-44F	0.51.47	2	11
173	741	1117	PETER	POHLMANN	ACHILLES AAA	M	45	45-49M	0.51.58	1	0
174	792	1174	PAULETTE	MCEWAN	ACHILLES AAA	F	43	40-44F	0.52.15	2	10
175	756	64	JOSEPH	SERFONTEIN	P.E.A.A.C.	M	57	55-59M	0.52.18	2	0
176	779	852	DEON	FLYNN	LEGACY AC	M	44	40-44M	0.52.20	1	0
177	920	1298	KEITH	HARRIS	EBENEZER	M	38	35-39M	0.52.34	1	0
178	87	521	DAVID	O'RIELLY	X-CEL A C	M	61	60-64M	0.52.37	2	0
179	732	374	LIZ	GRUNDLINGH	MUIRITE STRIDER	F	61	60-64F	0.52.43	4	9
180	911	1139	GRAHAM	NELL	ACHILLES AAA	M	57	55-59M	0.52.50	2	0
181	54	123	ELIAS	KASE	P.E.A.A.C.	M	39	35-39M	0.52.55	1	0
182	92	1198	ANDRIES	BARTHERS	ELITE A C	M	44	40-44M	0.52.59	1	0
183	157	977	JEREMY	SHORT	CHARLO A C	M	34	SM	0.53.00	1	0
184	548	1271	DANIEL	FERREIRA	ELITE A C	M	50	50-54M	0.53.03	1	0
185	717	1234	ATTIE	ELS	ELITE A C	M	49	45-49M	0.53.04	1	0
186	975	437	PATRICK	SASS	MECER KWANOBUHL	M	48	45-49M	0.53.08	1	0
187	50	1136	CATHY	IVES	ACHILLES AAA	F	55	55-59F	0.53.10	2	8
188	136	949	ANTHONY	HORNABROOK	CHARLO A C	M	42	40-44M	0.53.20	1	0
189	913	1112	ROBIN	COYLE-DOWLING	ACHILLES AAA	M	43	40-44M	0.53.24	1	0
190	545	145	CARMEN	MEYER	P.E.A.A.C.	F	37	35-39F	0.53.32	1	7
191	798	580	GODFREY	KARIEM	CADBURY A C	M	68	65-69M	0.53.45	2	0
192	552	2118	LINDIE	BARNARDO	NMMU A C	F	24	SF	0.53.50	1	6
193	553	2119	PAUL	STANDER	NMMU A C	M	24	SM	0.53.51	1	0
194	6	1551	LEANA	BERG	NEDBANK RC EP	F	39	35-39F	0.53.53	1	5
195	907	571	HENRY	MASCHAKA	CADBURY A C	M	42	40-44M	0.53.55	1	0
196	309	2010	PAUL	STEFFENS	DESPATCH A C	M	57	55-59M	0.54.09	1	0
197	1012	2109	JAMES	GEORGE	NMMU A C	M	46	45-49M	0.54.13	1	0
198	132	904	SIPHO	FRANCIS	CHARLO A C	M	40	40-44M	0.54.15	1	0
199	90	9031	ALLAN-ANDRE	PIENAAR	SPAR WALMER A C	M	18	JM	0.54.15	1	0
200	735	2368	HENRY	FREDERICKS	SAP M C EP	M	55	55-59M	0.54.18	1	0
201	982	982	BUYISILE	SONTYANE	TEMP	M	28	SM	0.54.24	0	0
202	549	1243	WILLIAM	GROBLER	ELITE A C	M	60	60-64M	0.54.36	2	0

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203	925	1341	WILFRED	FRASER	VWAC	M	52	50-54M	0.54.38	0	0
204	761	1102	ROGER	TRADER	ACHILLES AAA	M	55	55-59M	0.54.48	1	0
205	308	1502	KOOS	OLIVIER	NEDBANK RC EP	M	50	50-54M	0.54.50	1	0
206	12	146	TIM	BRAY	P.E.A.A.C.	M	45	45-49M	0.55.01	1	0
207	598	1275	ANNEMARIE	FOUCHE	ELITE A C	F	40	40-44F	0.55.04	1	4
208	1187	1123	LINDSAY	PILLAY	ACHILLES AAA	M	55	55-59M	0.55.16	1	0
209	560	115	HENDRICK	SCHOLTZ	P.E.A.A.C.	M	49	45-49M	0.55.17	1	0
210	67	1165	LESLEY	MAGGOTT	ACHILLES AAA	F	41	40-44F	0.55.34	1	3
211	902	459	DESIREE	TITUS	SPAR WALMER A C	F	43	40-44F	0.55.37	1	2
212	120	924	GRAHAM	BROOM	CHARLO A C	M	38	35-39M	0.55.45	1	0
213	17	1126	TOM	D'ARCY	ACHILLES AAA	M	62	60-64M	0.55.50	1	0
214	71	1920	CHRISTA	MEUWESEN	BLUEWATER BAY	F	42	40-44F	0.55.56	1	1
215	564	1191	GUSTAV	GRASMAN	ELITE A C	M	48	45-49M	0.55.57	1	0
216	91	479	ANDRE	PIENAAR	SPAR WALMER A C	M	45	45-49M	0.56.04	1	0
217	82	1322	JOHAN	NEL	VWAC	M	52	50-54M	0.56.05	1	0
218	1011	640	PETER	WITBOOI	SANDF EP	M	31	SM	0.56.07	1	0
219	790	9112	TERRAY	NEWCOMBE	NEDBANK RC EP	F	17	JF	0.56.08	1	0
220	908	84	MALIXOLE	MANDULO	P.E.A.A.C.	M	35	35-39M	0.56.13	1	0
221	796	41	THEMBISILE	NTONI	P.E.A.A.C.	M	60	60-64M	0.56.15	1	0
222	561	30	RETHA	SNYMAN	P.E.A.A.C.	F	61	60-64F	0.56.16	2	0
223	551	1122	BOB	STEDMAN	ACHILLES AAA	M	59	55-59M	0.56.17	1	0
224	55	1369	MONICA	KEMP	MADIBA BAY AC	F	53	50-54F	0.56.21	1	0
225	163	985	LUCAS	TITISI	CHARLO A C	M	34	SM	0.56.25	1	0
226	739	1135	MOF	BOTHA	ACHILLES AAA	M	52	50-54M	0.56.37	1	0
227	985	985	BRUNO	DUBAN	TEMP	M	33	SM	0.56.40	0	0
228	101	223	SHARON	SMUTS	ST ALBANS CSEP	F	42	40-44F	0.56.44	1	0
229	79	1218	CLAIRE	NAGEL	ELITE A C	F	44	40-44F	0.56.46	1	0
230	164	980	GAVIN	TRENT	CHARLO A C	M	42	40-44M	0.56.48	1	0
231	713	2008	CATHY	ALLERS	DESPATCH A C	F	46	45-49F	0.56.49	1	0
232	1767	1228	SANDRA	LYONS	ELITE A C	F	39	35-39F	0.56.56	1	0
233	18	752	DEREK	DAVIDSON	CRUSADERS A C	M	57	55-59M	0.56.58	1	0
234	84	1438	MALIBONGWE	NTSABO	NEDBANK RC EP	M	49	45-49M	0.57.00	1	0
235	976	976	LYN	REIMANN	TEMP	F	49	45-49F	0.57.30	0	0
236	919	1612	FRED	REIMANN	RALEIGH A C	M	54	50-54M	0.57.31	1	0

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237	567	2026	VERNA	CLAASSEN	DESPATCH A C	F	46	45-49F	0.57.35	1	0
238	3	1151	LIZ	AUSTIN	ACHILLES AAA	F	50	50-54F	0.58.01	1	0
239	112	1211	SUZANNE	VAN DER WESTHUIZEN	ELITE A C	F	37	35-39F	0.58.13	1	0
240	1335	542	DEAN	KIVIDO	X-CEL A C	M	36	35-39M	0.58.31	1	0
241	1333	128	BENNIE	OOSTHUIZEN	P.E.A.A.C.	M	51	50-54M	0.58.32	1	0
242	118	62	MICHAEL	WILLIAMS	P.E.A.A.C.	M	39	35-39M	0.58.33	1	0
243	725	1253	MIEMSIE	SWANEPOEL	ELITE A C	F	47	45-49F	0.58.37	1	0
244	129	345	PETER	ECK	MUIRITE STRIDER	M	61	60-64M	0.58.46	1	0
245	307	581	JACOBUS	JULIUS	CADBURY A C	M	34	SM	0.58.49	1	0
246	311	1272	GEORGE	BOTHA	ELITE A C	M	55	55-59M	0.58.51	1	0
247	150	921	MARGARET	PATON	CHARLO A C	F	63	60-64F	0.58.52	1	0
248	1010	1199	CAMARIN	VAN EYK	ELITE A C	F	26	SF	0.59.05	1	0
249	776	1223	CLIFFORD	HICKEN	ELITE A C	M	51	50-54M	0.59.05	1	0
250	600	2009	GERALD	STRUWIG	DESPATCH A C	M	40	40-44M	0.59.06	1	0
251	758	519	QUENTIN	BURRELL	X-CEL A C	M	46	45-49M	0.59.07	1	0
252	904	720	PATRICK	SCOTT	CRUSADERS A C	M	49	45-49M	0.59.10	1	0
253	116	2100	ERNIE	VERRALL	NMMU A C	M	74	70+M	0.59.30	1	0
254	62	1954	WAYNE	LEASK	BLUEWATER BAY	M	43	40-44M	0.59.33	1	0
255	8	1276	RONEL	BLIGNAUT	ELITE A C	F	28	SF	0.59.36	1	0
256	733	707	MARIA	OPPEL	CRUSADERS A C	F	58	55-59F	0.59.40	1	0
257	138	891	MICHAEL	KELLEHER	CHARLO A C	M	51	50-54M	0.59.42	1	0
258	135	1000	ROY	HEINE	CHARLO A C	M	53	50-54M	1.00.01	1	0
259	896	215	MARIUS	VAN DEVENTER	ST ALBANS CSEP	M	37	35-39M	1.00.17	1	0
260	312	874	BARRY	NELSON	LEGACY AC	M	57	55-59M	1.00.18	1	0
261	547	1195	RONELLE	NIKSCH	ELITE A C	F	46	45-49F	1.00.20	1	0
262	757	336	ARNOLD	RAS	MUIRITE STRIDER	M	46	45-49M	1.00.21	1	0
263	755	113	DESMOND	JACOBS	P.E.A.A.C.	M	33	SM	1.00.26	1	0
264	597	4555	ERRARD	SULLIVAN	NATAL CARBINEER	M	51	50-54M	1.00.27	0	0
265	570	2030	DIRK	JANSEN	DESPATCH A C	M	59	55-59M	1.00.29	1	0
266	53	760	ALETTA	JOUBERT	CRUSADERS A C	F	46	45-49F	1.00.31	1	0
267	19	495	CHARLENE	DE CONING	SPAR WALMER A C	F	44	40-44F	1.00.32	1	0
268	11	1101	GERALD	BOUWER	ACHILLES AAA	M	65	65-69M	1.00.37	1	0
269	979	979	JULIAN	COSKEY	TEMP	M	41	40-44M	1.00.53	0	0
270	140	912	JONATHAN	MANDELL	CHARLO A C	M	44	40-44M	1.01.12	1	0

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271	126	943	LAVINIA	DARLOW	CHARLO A C	F	40	40-44F	1.01.14	1	0
272	738	958	ANTOINETTE	COERTZE	DESPATCH A C	F	44	40-44F	1.01.15	1	0
273	75	90	PHINEAS	MHLAULI	P.E.A.A.C.	M	57	55-59M	1.01.17	1	0
274	897	226	KAREN	MELS	ST ALBANS CSEP	F	43	40-44F	1.01.25	1	0
275	546	9168	LEE-ANNE	DIEDERICKS	P.E.A.A.C.	F	18	JF	1.01.26	1	0
276	30	1204	ANDRE	FOURIE	ELITE A C	M	61	60-64M	1.01.42	1	0
277	49	1146	GERALD	HOXLEY	ACHILLES AAA	M	68	65-69M	1.01.56	1	0
278	753	1147	RONALD	FIELD	ACHILLES AAA	M	61	60-64M	1.01.56	1	0
279	558	1734	PEARL	DAMONS	WILLARD BATT	F	45	45-49F	1.02.10	1	0
280	740	476	INA	MEAKER	SPAR WALMER A C	F	47	45-49F	1.02.31	1	0
281	22	2398	MICHAEL	DEKKER	SAP M C EP	M	36	35-39M	1.02.32	1	0
282	1332	929	ANUSHA	NAIDU	CHARLO A C	F	41	40-44F	1.02.36	1	0
283	88	500	ALAN	PENNEY	SPAR WALMER A C	M	61	60-64M	1.02.40	1	0
284	562	69	NIC	SNYMAN	P.E.A.A.C.	M	64	60-64M	1.02.43	1	0
285	35	2015	ROY	GERTENBACH	DESPATCH A C	M	56	55-59M	1.02.52	1	0
286	984	1009	MARCELLE	HARRAN	BODY CONCEPT	F	54	50-54F	1.02.54	1	0
287	910	1349	FRANK	JAFTHA	VWAC	M	41	40-44M	1.03.08	1	0
288	109	856	RALTON	TERBLANCHE	LEGACY AC	M	46	45-49M	1.03.15	1	0
289	124	918	JERRIE	COERTZE	CHARLO A C	M	48	45-49M	1.03.18	1	0
290	68	1118	RODNEY	MAGGOTT	ACHILLES AAA	M	50	50-54M	1.03.25	1	0
291	1338	204	ANTON	FOURIE	ST ALBANS CSEP	M	48	45-49M	1.03.25	1	0
292	569	2093	PIETER	STEYN	NMMU A C	M	49	45-49M	1.03.26	1	0
293	1013	465	HELMUT	TERBLANS	SPAR WALMER A C	M	43	40-44M	1.03.27	1	0
294	89	728	BRONWEN	PERRY	CRUSADERS A C	F	26	SF	1.03.29	1	0
295	981	981	ELAINE	O'BRIEN	TEMP	F	33	SF	1.03.30	0	0
296	165	1249	JACQUI	VAN DER VYVER	ELITE A C	F	40	40-44F	1.03.30	1	0
297	31	1203	HELEN	FOURIE	ELITE A C	F	38	35-39F	1.03.31	1	0
298	39	1200	ANTONIE	GROBLER	ELITE A C	M	56	55-59M	1.03.37	1	0
299	20	2397	HERMAN	DEKKER	SAP M C EP	M	63	60-64M	1.03.52	1	0
300	161	903	TREVOR	SMITH	CHARLO A C	M	43	40-44M	1.04.18	1	0
301	44	28	DOROTHY	HART	P.E.A.A.C.	F	70	70+F	1.04.19	1	0
302	36	99	CHARLES	GOLDSWAIN	P.E.A.A.C.	M	24	SM	1.04.41	1	0
303	38	1256	MARIUS	GREYLING	ELITE A C	M	51	50-54M	1.04.47	1	0
304	2	80	WELLS	ANDERSON	P.E.A.A.C.	M	76	70+M	1.04.54	1	0

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305	906	2020	CHRIS	BEKKER	DESPATCH A C	M	56	55-59M	1.05.06	1	0
306	139	910	MICHELLE	LAWSON	CHARLO A C	F	50	50-54F	1.05.07	1	0
307	43	195	SUNET	HARRIS	ST ALBANS CSEP	F	35	35-39F	1.05.12	1	0
308	29	191	ERICA	FOREMAN	ST ALBANS CSEP	F	38	35-39F	1.05.13	1	0
309	565	1505	AMEERA	CAMPBELL	NEDBANK RC EP	F	35	35-39F	1.05.35	1	0
310	890	745	ROY	LAURIE	CRUSADERS A C	M	53	50-54M	1.05.35	1	0
311	795	873	CARLOS	COSTA	LEGACY AC	M	36	35-39M	1.06.12	1	0
312	980	980	TONY	BECK	TEMP	M	47	45-49M	1.06.13	0	0
313	162	911	COLLEEN	TERBLANCHE	CHARLO A C	F	39	35-39F	1.06.17	1	0
314	40	1241	ESTELLE	GROBLER	ELITE A C	F	49	45-49F	1.06.37	1	0
315	806	714	NICK	MULLINS	CRUSADERS A C	M	52	50-54M	1.06.51	1	0
316	712	448	RITA	BOUCHER	SPAR WALMER A C	F	58	55-59F	1.07.12	1	0
317	751	309	SPASIE	NEL	MUIRITE STRIDER	F	44	40-44F	1.07.18	1	0
318	715	1584	FIDELIA	BAATJES	NEDBANK RC EP	F	36	35-39F	1.07.49	1	0
319	734	1474	ROCHELLE	THORNE	NEDBANK RC EP	F	38	35-39F	1.07.50	1	0
320	121	2002	HENDRINA	CLAASSEN	DESPATCH A C	F	52	50-54F	1.08.02	1	0
321	94	2587	VERNON	PRINS	NEDBANK RC EP	M	53	50-54M	1.08.12	1	0
322	986	986	CHWAYITA	THATHOBA	TEMP	F	22	SF	1.08.13	0	0
323	921	758	COLIN	MURRAY	CRUSADERS A C	M	53	50-54M	1.08.14	1	0
324	5	1109	SUSAN	BAYLIS	ACHILLES AAA	F	49	45-49F	1.08.22	1	0
325	81	1327	ADELE	NEL	VWAC	F	49	45-49F	1.08.23	1	0
326	1337	1371	KENNY	LINES	MADIBA BAY AC	M	46	45-49M	1.08.25	1	0
327	21	2399	HESTER	DEKKER	SAP M C EP	F	36	35-39F	1.08.51	1	0
328	745	1556	DANTE	RADEMEYER	NEDBANK RC EP	M	47	45-49M	1.08.56	1	0
329	916	1095	JANINE	MACKENZIE	ACHILLES AAA	F	31	SF	1.09.03	1	0
330	47	1262	TERESA	HOFFMAN	ELITE A C	F	39	35-39F	1.09.26	1	0
331	108	473	DENISE	TERBLANCHE	SPAR WALMER A C	F	61	60-64F	1.09.52	1	0
332	59	1239	MARIAAN	LANDMAN	ELITE A C	F	44	40-44F	1.09.56	1	0
333	766	453	GLORAI	ESAU	SPAR WALMER A C	F	39	35-39F	1.09.57	1	0
334	707	2011	MARYKA	ELS	DESPATCH A C	F	48	45-49F	1.10.29	1	0
335	122	2001	NICOLAAS	CLAASSEN	DESPATCH A C	M	55	55-59M	1.10.52	1	0
336	922	350	GEORGE	WINSHIP	MUIRITE STRIDER	M	42	40-44M	1.10.53	1	0
337	722	749	NAMBITHA	DAMBUZA-MAYOSI	CRUSADERS A C	F	44	40-44F	1.10.54	1	0
338	100	20	BRIAN	SMITH	P.E.A.A.C.	M	65	65-69M	1.11.30	1	0

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339	1	1608	SHAHEED	ABRAHAMS	NEDBANK RC EP	M	46	45-49M	1.11.42	1	0
340	3283	3283	AKEEDA	SALEEM	TEMP	F	39	35-39F	1.11.42	0	0
341	103	701	SELWYN	SOLOMON	CRUSADERS A C	M	70	70+M	1.12.08	1	0
342	45	494	STEPHANIE	HAY	SPAR WALMER A C	F	53	50-54F	1.12.11	1	0
343	750	78	MERVYN	PAPENFUS	P.E.A.A.C.	M	46	45-49M	1.12.30	1	0
344	10	2023	HENRY	BOTHA	DESPATCH A C	M	81	70+M	1.13.25	1	0
345	701	844	SHIRLEEN	CLARKE	LEGACY AC	F	46	45-49F	1.13.26	1	0
346	105	865	ESLY	STRYDOM	LEGACY AC	F	63	60-64F	1.13.34	1	0
347	99	1545	BERENICE	SMITH	NEDBANK RC EP	F	43	40-44F	1.13.38	1	0
348	730	1278	LINDI	VAN TONDER	ELITE A C	F	30	SF	1.14.00	1	0
349	303	1532	DIKELEDI	MAMIALA	NEDBANK RC EP	F	49	45-49F	1.15.19	1	0
350	25	766	PETER	DUFFELL-CANHAM	CRUSADERS A C	M	56	55-59M	1.15.22	1	0
351	13	1246	RONEL	BREDENKAMP	ELITE A C	F	43	40-44F	1.15.28	1	0
352	32	1201	ENID	GERBER	ELITE A C	F	47	45-49F	1.16.17	1	0
353	86	843	DEBBIE	OELOFSE	LEGACY AC	F	62	60-64F	1.16.18	1	0
354	951	951	TSIANE	MAKOU	TEMP	F	31	SF	1.16.27	0	0
355	824	140	SICELO	THABETHE	P.E.A.A.C.	M	35	35-39M	1.17.04	1	0
356	61	1209	LAURA	LE ROUX	ELITE A C	F	45	45-49F	1.17.51	1	0
357	33	1202	JAKKIE	GERBER	ELITE A C	M	48	45-49M	1.17.15	1	0
358	60	1210	JAN	LE ROUX	ELITE A C	M	49	45-49M	1.18.16	1	0
359	172	899	MANUELA	WILSON	CHARLO A C	F	38	35-39F	1.18.32	1	0
360	46	860	MARLENE	HERSELMAN	LEGACY AC	F	47	45-49F	1.18.34	1	0
361	748	1679	GENEVIEVE	LAYCOCK	RALEIGH A C	F	39	35-39F	1.19.07	1	0
362	759	481	ANGELINE	KIVEDO	SPAR WALMER A C	F	62	60-64F	1.19.36	1	0
363	42	2028	TERTIA	GROBLER	DESPATCH A C	F	49	45-49F	1.19.36	1	0
364	52	505	SILVIA	JONCK	SPAR WALMER A C	F	47	45-49F	1.19.37	1	0
365	978	978	ROCHELLE	REDCLIFFE	TEMP	F	40	40-44F	1.20.39	0	0
366	97	9	ANNA	SCHNETLER	P.E.A.A.C.	F	61	60-64F	1.22.47	1	0
367	749	72	IDA	PAPENFUS	P.E.A.A.C.	F	46	45-49F	1.22.54	1	0
368	983	983	NATASJA	VAN TONDER	TEMP	F	35	35-39F	1.23.04	0	0
369	703	1229	RINA	BARNARD	ELITE A C	F	55	55-59F	1.24.44	1	0
370	708	2003	ELSEBE	TERBLANCHE	DESPATCH A C	F	41	40-44F	1.24.44	1	0
371	918	2394	BERNETT	NXABELA	SAP M C EP	M	44	40-44M	1.31.07	0	0
372	987	987	ZIPHOZETHU	SHUDE	TEMP	M	12	JM	1.33.39	0	0

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373	1053	91	ELIZE	LAMPRECHT	P.E.A.A.C.	F	54	50-54F	1.34.42	0	0
PERS RUN											
H1	7001	269	ISAAC	FRAZENBURG	MALABAR	M	35	35-39M	0.40.37	3	0
H2	7002	1417	JOHN	FOBANI	CORR SERV FS	M	30	SM	0.40.55	0	0
H3	7003	1409	SIMON	SPRINKAAN	CORR SERV FS	M	30	SM	0.41.37	0	0
H4	7004	1964	PETER	WILDSCHUT	NEW BALANCE	M	32	SM	0.42.17	2	0
H5	7005	1772	CYRIL	UITHALER	WILLARD BATT	M	45	45-49M	0.43.59	3	0
H6	7006	270	WIKUS	WIESIE	MALABAR	M	31	SM	0.44.24	2	0
H7	7007	585	EUGENE	AFRICA	CADBURY A C	M	41	40-44M	0.44.38	2	0
H8	7008	1408	BENJAMIN	MEJE	CORR SERV FS	M	30	SM	0.46.16	0	0
H9	7009	259	TONY	KLAASEN	MALABAR	M	46	45-49M	0.46.16	2	0
H10	7010	261	DARSOO	MOONIEN	MALABAR	M	57	55-59M	0.46.30	3	0
H11	7011	257	SIERAAGH	NORDIEN	MALABAR	M	45	45-49M	0.47.21	2	0
H12	7012	1739	BRIAN	JONAS	WILLARD BATT	M	47	45-49M	0.54.13	1	0
H13	7013	1411	NOMFOBE	MONTUMBE	CORR SERV FS	M	30	SM	0.55.16	0	0
H14	7014	234	MARK	ROCKMAN	MALABAR	M	40	40-44M	0.55.54	1	0
H15	7015	267	MUBIN	PEERBHAI	MALABAR	M	44	40-44M	0.55.54	1	0
H16	7016	243	CRESEN	BALAKISTEN	MALABAR	M	49	45-49M	0.57.51	1	0
H17	7017	249	NURUNNISA	MADATT	MALABAR	F	46	45-49F	0.59.08	1	0
H18	7018	1743	ANTOINETTE	HUMAN	WILLARD BATT	F	40	40-44F	0.59.09	1	0
H19	7019	948	KRISH	PILLAY	CHARLO A C	M	47	45-49M	1.00.18	1	0
H20	7020	245	DICK	DOUGLAS	MALABAR	M	49	45-49M	1.02.34	1	0
H21	7021	251	SIVA	MOODALEY	MALABAR	M	67	65-69M	1.06.13	1	0
H22	7022	239	MAE	KUSCUS	MALABAR	F	46	45-49F	1.07.03	1	0
H23	7023	263	RAJENDRA	NAVSARIA	MALABAR	M	50	50-54M	1.08.48	1	0
H24	7024	255	RAMU	NAIDOO	MALABAR	M	58	55-59M	1.08.49	1	0
H25	7025	1945	LLEWELLYN	WILLIAMS	BLUEWATER BAY	M	54	50-54M	1.10.50	1	0
H26	7026	567	SELWYN	FELIX	X-CEL A C	M	51	50-54M	1.11.14	1	0
H27	7027	265	IMRAAN	KHAN	MALABAR	M	50	50-54M	1.11.49	1	0
H28	7028	235	IMTIAZ	AYOOB	MALABAR	M	51	50-54M	1.11.49	1	0
H29	7029	233	IQBAL	SAIN	MALABAR	M	53	50-54M	1.11.49	1	0
H30	7030	240	ABDOELAZIES	MADATT	MALABAR	M	45	45-49M	1.13.06	1	0
H31	7031	947	EUSENTHA	PILLAY	CHARLO A C	F	43	40-44F	1.16.25	1	0

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