

ASPEN PHARMACARE 10KM - PORT ELIZABETH - 200/12/06

POS	R/NO	L/NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS
1	1325	1974	SANDILE	NGUNUZA	NEDBANK RC EP	M	25	SM	0.31.03
2	1088	1716	SIBUSISO	THU	RALEIGH A C	M	20	SM	0.31.10
3	1328	1569	PHUMZILE	SIKAWUTI	NEDBANK RC EP	M	29	SM	0.31.47
4	1311	2483	MABOYISANA	MAZWAYI	NEDBANK RC EP	M	40	40-44M	0.32.15
5	1306	2042	ALFRED	QOGI	NEDBANK RC EP	M	35	35-39M	0.34.01
6	2884	9126	THANDUXOLO	MPUSHE	NEDBANK RC EP	M	19	JM	0.34.10
7	3298	3298	UNATHI	MAGADE	TEMP	M	22	SM	0.34.23
8	1086	1559	TERRANCE	MJEKULA	NEDBANK RC EP	M	36	35-39M	0.34.33
9	1309	1982	THEMBISILE	BASHE	NEW BALANCE	M	30	SM	0.34.47
10	2883	9132	MASIBULELE	HEUGH	NEDBANK RC EP	M	14	JM	0.36.15
11	13	2085	NTOMBESINTU	NTSHILIZA	NMMU A C	F	26	SF	0.36.31
12	3852	3852	THOKOZANI	FANI	TEMP	M	19	JM	0.36.39
13	3349	3349	SHAUN	KORKIE	TEMP	M	25	SM	0.38.54
14	3869	9284	ELENE	LOURENS	HIGH SCHOOLS	F	18	JF	0.38.58
15	1076	1729	LIZA-MARIE	BRIGHT	RALEIGH A C	F	26	SF	0.39.02
16	3344	3344	GERHARD	LUCK	TEMP	M	49	45-49M	0.39.26
17	3856	3856	LEETO	KHOABANE	TEMP	M	20	SM	0.39.55
18	2878	601	WELLINGTON	TSHINGANE	SANDEF EP	M	38	35-39M	0.40.29
19	3859	3859	MANDILAKHE	SITATU	TEMP	M	19	JM	0.40.35
20	3854	3854	SINETHEMBA	JALI	TEMP	M	19	JM	0.40.45
21	2886	9149	DELIWE	NYANGA	P.E.A.A.C.	F	19	JF	0.41.03
22	1354	1795	HANSIE	ELS	SOMERSET EAST	M	60	60-64M	0.42.33
23	44	2057	URSULA	KUHN	NMMU A C	F	27	SF	0.42.43
24	1317	1996	SIMON	MATEBESE	NEW BALANCE	M	45	45-49M	0.43.15
25	1353	501	TRELOAR	CHILDS	SPAR WALMER A C	F	45	45-49F	0.44.14
26	1314	9003	HEINRICH	BASSON	CHARLO A C	M	18	JM	0.44.15
27	3323	3323	HENNO	VERSTER	TEMP	M	23	SM	0.44.34
28	3325	3325	DESMOND	VAN DEN BERG	TEMP	M	30	SM	0.44.39
29	1089	1749	JACKSON	NGCOKO	WILLARD BATT	M	60	60-64M	0.44.45
30	3922	9088	DANIEL	GRIMES	RALEIGH A C	M	17	JM	0.44.59
31	3870	3870	MARC	RIEDER	TEMP	M	34	SM	0.45.15
32	820	1111	GRAHAM	CHANNON	ACHILLES AAA	M	59	55-59M	0.45.39
33	1058	630	TERENCE	HENDRICKS	SANDEF EP	M	43	40-44M	0.45.51
34	3343	3343	DEAN	BENADE	TEMP	M	33	SM	0.46.00
35	21	29	WILLIAM	VORSTER	P.E.A.A.C.	M	62	60-64M	0.46.02
36	3921	3921	SETH	MAGETUKA	TEMP	M	44	40-44M	0.46.11
37	821	935	CARLO	PINEDA	CHARLO A C	M	25	SM	0.46.42
38	2798	2798	HEIN	BOTES	TEMP	M	38	35-39M	0.46.52
39	998	998	MARK	MAURIZI	TEMP	M	29	SM	0.47.24
40	1070	469	JACO	KNOETZEN	PLETT AC	M	62	60-64M	0.47.40
41	809	36	MICHAEL	COLLINS	P.E.A.A.C.	M	70	70+M	0.48.02
42	2874	540	KOBUS	UYS	HARTENBOS DRAW	M	55	55-59M	0.48.04
43	1068	1510	ELZA	BOTES	SECUNDA M C	M	35	35-39M	0.48.06
44	2867	1913	VICKI	TERBLANCHE	BLUEWATER BAY	M	29	SM	0.48.14
45	2866	1912	ARNOLD	TERBLANCHE	BLUEWATER BAY	M	41	40-44M	0.48.15
46	3297	3297	CAROL	TINHOF	TEMP	F	35	35-39F	0.48.17
47	1079	33	CHARLES	ROSE	P.E.A.A.C.	M	55	55-59M	0.48.31
48	2885	2083	ODWA	MTATI	NMMU A C	M	38	35-39M	0.48.37
49	2882	516	DAVID	SWANEPOEL	X-CEL A C	M	49	45-49M	0.48.53
50	1318	852	DEON	FLYNN	LEGACY AC	M	44	40-44M	0.49.13
51	2799	2799	TIM	FOX	TEMP	M	54	50-54M	0.49.31
52	1323	1271	DANIEL	FERREIRA	ELITE A C	M	50	50-54M	0.49.45
53	1059	2246	TRACY	KITCHING	RUN/W FOR LIFE	F	39	35-39F	0.49.59
54	3300	3300	SHELLEY	DE VILLIERS	TEMP	F	35	35-39F	0.51.05
55	1316	2054	MICHAEL	SLATER	NMMU A C	M	38	35-39M	0.51.16
56	1307	159	MOYISILE	WANA	MR PRICE A C EP	M	37	35-39M	0.51.42
57	3288	3288	BUYSILE	SONTYANE	TEMP	M	28	SM	0.51.44
58	1066	375	CLAYTON	HISCOCK	MUIRITE STRIDER	M	39	35-39M	0.52.07
59	3328	3328	CHRISTIAN	GERHARDT	TEMP	M	31	SM	0.52.10
60	39	479	ANDRE	PIENAAR	SPAR WALMER A C	M	46	45-49M	0.52.12
61	33	1228	SANDRA	LYONS	ELITE A C	F	39	35-39F	0.52.18

62	3327	3327	WALDO	SWART	TEMP	M	32	SM	0.52.31
63	3347	3347	WAYNE	KENT	TEMP	M	27	SM	0.52.38
64	1060	330	BENTLEY	HISCOCK	MUIRITE STRIDER	M	41	40-44M	0.52.40
65	1087	2046	RONELL	CLAASSEN	DESPATCH A C	F	45	45-49F	0.52.49
66	3346	3346	MARIUS	MAGS	TEMP	M	38	35-39M	0.53.04
67	3284	3284	THOBILE	MASILELA	TEMP	F	25	SF	0.53.28
68	1321	1191	GUSTAV	GRASMAN	ELITE A C	M	48	45-49M	0.53.35
69	2868	1244	GOOFEY	FOUCHE	ELITE A C	M	51	50-54M	0.53.54
70	1322	193	MARIUS	SCHOLTZ	ST ALBANS CSEP	M	44	40-44M	0.53.55
71	3923	3923	ALTA	INGRAM	TEMP	F	43	40-44F	0.54.05
72	3924	3924	MARIUS	INGRAM	TEMP	M	44	40-44M	0.54.06
73	5	1200	ANTONIE	GROBLER	ELITE A C	M	56	55-59M	0.54.15
74	3307	3307	HENRIETHA	MEY	TEMP	F	36	35-39F	0.54.37
75	3868	3868	MARLEEN	LOURENS	TEMP	F	20	SF	0.54.48
76	38	9031	ALLAN-ANDRE	PIENAAR	SPAR WALMER A C	M	18	JM	0.55.04
77	40	469	PETRA	PIENAAR	SPAR WALMER A C	F	44	40-44F	0.55.05
78	31	581	JACOBUS	JULIUS	CADBURY A C	M	34	SM	0.55.07
79	1312	4857	HEATHER	SYMONS	MIDRAND COUNTRY	M	39	35-39M	0.55.13
80	996	996	SIGBJORN	RISNES	TEMP	M	70	70+M	0.55.25
81	997	997	SIRI	RISNES	TEMP	F	38	35-39F	0.55.26
82	2880	1211	SUZANNE	VAN DER WESTHUIZEN	ELITE A C	F	37	35-39F	0.55.44
83	988	988	MARCEL	MEYER	TEMP	M	15	JM	0.56.11
84	3329	3329	ROBERT	MAGOTSI	TEMP	M	38	35-39M	0.56.44
85	2865	874	BARRY	NELSON	LEGACY AC	M	57	55-59M	0.56.52
86	3877	3877	EDMUND	FARMER	TEMP	M	42	40-44M	0.57.09
87	2863	1567	ELAINE	KOCK	NEDBANK RC EP	F	39	35-39F	0.57.22
88	3871	3871	ALEX	SEMPLE	TEMP	M	39	35-39M	0.57.34
89	3847	3847	CINDY	ANDERSON	TEMP	F	31	SF	0.57.37
90	3874	3874	CHARL	GRIESSEL	TEMP	M	45	45-49M	0.57.47
91	3	918	JERRIE	COERTZE	CHARLO A C	M	48	45-49M	0.57.49
92	2873	1951	PERRY	NOTLEY	BLUEWATER BAY	M	28	SM	0.57.52
93	3920	3920	SAMANTHA	HOWARTH	TEMP	M	22	SM	0.57.55
94	3858	3858	CHANTELLE	SENEKAL	TEMP	F	24	SF	0.57.57
95	34	565	PRISCILLA	MALEIBA	CADBURY A C	F	38	35-39F	0.58.02
96	2802	2802	CHARMAINE	CROFT	TEMP	F	31	SF	0.58.19
97	3287	3287	ELAINE	O'BRIEN	TEMP	F	33	SF	0.58.19
98	3855	3855	CHRIS	JOHNSON	TEMP	M	26	SM	0.58.36
99	1057	1205	ROZELLE	VON MOLENDORFF	ELITE A C	F	44	40-44F	0.58.42
100	1356	143	HELOUISE	ERASMUS	P.E.A.A.C.	F	27	SF	0.58.46
101	995	995	MARIUS	MEYER	TEMP	M	43	40-44M	0.59.04
102	3332	3332	STUART	BOUWER	TEMP	M	33	SM	0.59.08
103	819	22	ANDREW	BOSHOFF	P.E.A.A.C.	M	39	35-39M	0.59.13
104	3333	3333	MTHUTHUZELI	CAKWEBE	TEMP	M	55	55-59M	0.59.14
105	3218	3218	ARNO	STRUWIG	TEMP	M	14	JM	0.59.16
106	37	500	ALAN	PENNEY	SPAR WALMER A C	M	61	60-64M	0.59.34
107	2871	492	MEGAN	KNIFE	SPAR WALMER A C	F	25	SF	0.59.35
108	2872	445	LIEZL	ERASMUS	SPAR WALMER A C	F	30	SF	0.59.36
109	2864	2468	KOSIE	CONRADIE	NEWBAL FS	M	36	35-39M	0.59.42
110	3849	3849	HANNAH	BRIERS	TEMP	F	39	35-39F	0.59.47
111	3301	3301	NOSIPHO	ADAM	TEMP	F	29	SF	0.59.48
112	9	7	ANDRE	LEMMER	P.E.A.A.C.	M	63	60-64M	0.59.54
113	1357	346	SANET	VAN NIEKERK	MUIRITE STRIDER	F	39	35-39F	0.59.56
114	3862	3862	MARYNA	VAN DER MERWE	TEMP	F	42	40-44F	1.00.13
115	1085	9168	LEE-ANNE	DIEDERICKS	P.E.A.A.C.	F	18	JF	1.00.15
116	3220	3220	RONNIE	VOGEL	TEMP	M	57	55-59M	1.00.23
117	1327	1485	RIAAN	OLIVIER	NEDBANK RC EP	M	38	35-39M	1.00.30
118	3354	3354	JANA	HISCOCK	TEMP	F	17	JF	1.00.47
119	2875	1379	HELEN	MC LEAN	MADIBA BAY AC	F	48	45-49F	1.00.57
120	1	80	WELLS	ANDERSON	P.E.A.A.C.	M	76	70+M	1.01.14
121	27	1366	DIANE	JOLLY	MADIBA BAY AC	F	47	45-49F	1.01.21
122	2876	1357	BASIL	MC LEAN	MADIBA BAY AC	M	49	45-49M	1.01.21
123	3850	3850	JUAN	DU PREEZ	TEMP	M	14	JM	1.01.38
124	990	990	GETAHUM	ABRAHAM	TEMP	M	50	50-54M	1.01.40

125	3914	3914	BELINDA	MUNGER	TEMP	F	34	SF	1.01.47
126	3326	3326	ABIE	STRYDOM	TEMP	M	33	SM	1.02.09
127	818	1241	ESTELLE	GROBLER	ELITE A C	F	49	45-49F	1.02.10
128	25	2015	ROY	GERTENBACH	DESPATCH A C	M	56	55-59M	1.02.49
129	991	991	LOGAMURTHIE	ATHIEMOOLAM	TEMP	M	46	45-49M	1.03.25
130	3221	3221	RONALD	VOGEL	TEMP	M	39	35-39M	1.03.28
131	3875	3875	VICKI	LAING	TEMP	F	31	SF	1.03.33
132	1361	2467	ANNETTE	CONRADIE	NEWBAL FS	M	37	35-39M	1.03.34
133	2881	907	YONA	BLACKMAN	CHARLO A C	F	42	40-44F	1.03.43
134	993	993	JACKIE	ELLIOT-GENTRY	TEMP	F	43	40-44F	1.03.45
135	4	1256	MARIUS	GREYLING	ELITE A C	M	52	50-54M	1.03.49
136	1078	1210	JAN	LE ROUX	ELITE A C	M	49	45-49M	1.03.49
137	46	2002	HENDRINA	CLAASSEN	DESPATCH A C	F	52	50-54F	1.03.50
138	11	579	LYNN	LOYSON	CADBURY A C	F	38	35-39F	1.03.54
139	135	1118	RODNEY	MAGGOTT	ACHILLES AAA	M	50	50-54M	1.04.04
140	2877	1367	NATALIA	SHARP	MADIBA BAY AC	F	29	SF	1.04.11
141	3861	3861	FRANCOIS	VAN DEN BERG	TEMP	M	27	SM	1.04.12
142	3305	3305	CANDICE	WHITELEY	TEMP	F	20	SF	1.04.12
143	32	452	ELIZE	LYELL	SPAR WALMER A C	F	51	50-54F	1.04.20
144	19	911	COLLEEN	TERBLANCHE	CHARLO A C	F	39	35-39F	1.04.35
145	42	1333	ANTON	SNYMAN	VWAC	M	53	50-54M	1.04.42
146	2879	448	RITA	BOUCHER	SPAR WALMER A C	F	58	55-59F	1.04.54
147	2801	2801	RIAN	KNOWLES	TEMP	M	17	JM	1.05.10
148	22	1717	ANITA	COETZER	RALEIGH A C	F	35	35-39F	1.05.21
149	7	1023	YVETTE	JONKER	BODY CONCEPT	F	36	35-39F	1.05.27
150	2870	208	ANNA	WELGEMOED	ST ALBANS CSEP	F	39	35-39F	1.05.28
151	3866	3866	MILESKA	BERNARD	TEMP	F	20	SF	1.05.33
152	3865	3865	CARLA	BERNARD	TEMP	F	22	SF	1.05.34
153	3853	3853	MARIETTE	GROBLER	TEMP	F	40	40-44F	1.05.36
154	23	2011	MARYKA	ELS	DESPATCH A C	F	48	45-49F	1.05.43
155	3872	3872	KIM	VENTER	TEMP	F	24	SF	1.05.46
156	3361	3361	LYNETTE	CRAUSE	TEMP	F	48	45-49F	1.05.52
157	3348	3348	MANDY	MYERS	TEMP	F	35	35-39F	1.06.25
158	3304	3304	MERCIAN	LENTOOR	TEMP	M	14	JM	1.06.28
159	26	2028	TERTIA	GROBLER	DESPATCH A C	F	49	45-49F	1.06.34
160	8	1239	MARIAAN	LANDMAN	ELITE A C	F	44	40-44F	1.06.35
161	18	20	BRIAN	SMITH	P.E.A.A.C.	M	65	65-69M	1.06.45
162	1351	56	SILVIA	EDWORTHY	P.E.A.A.C.	F	44	40-44F	1.06.50
163	10	63	COLETTE	LEMMER	P.E.A.A.C.	F	34	SF	1.06.54
164	3873	3873	CHANTELL	GERBER	TEMP	F	31	SF	1.07.07
165	3351	3351	LILANIE	NOETH	TEMP	F	19	SF	1.07.28
166	2887	873	CARLOS	COSTA	LEGACY AC	M	36	35-39M	1.07.38
167	1056	464	COLLEEN	MULLER	SPAR WALMER A C	F	51	50-54F	1.07.40
168	3337	3337	TONY	BECK	TEMP	M	33	SM	1.07.54
169	3864	3864	SEBASTIAN	VENTER	TEMP	M	14	JM	1.08.16
170	816	1246	RONEL	BREDENKAMP	ELITE A C	F	43	40-44F	1.08.22
171	3848	3848	KARIN	BOTES	TEMP	F	41	40-44F	1.08.31
172	20	473	DENISE	TERBLANCHE	SPAR WALMER A C	F	61	60-64F	1.08.32
173	3927	3927	ALBERT	VERSTER	TEMP	M	48	45-49M	1.08.34
174	2800	2800	STEPHAN	DE KLERK	TEMP	M	17	JM	1.08.39
175	6	494	STEPHANIE	HAY	SPAR WALMER A C	F	53	50-54F	1.08.42
176	3352	3352	ANETTE	MULLER	TEMP	F	37	35-39F	1.09.07
177	1359	329	ORGIA	NELL	MUIRITE STRIDER	F	65	65-69F	1.09.15
178	1319	844	SHIRLEEN	CLARKE	LEGACY AC	F	46	45-49F	1.09.19
179	3303	3303	HESTER	BOTHA	TEMP	F	58	55-59F	1.09.21
180	17	1545	BERENICE	SMITH	NEDBANK RC EP	F	43	40-44F	1.09.23
181	3926	3926	MARIETA	MASSYN	TEMP	F	34	SF	1.09.59
182	1358	331	MARGARET	DU TOIT	MUIRITE STRIDER	F	47	45-49F	1.10.23
183	2805	2805	MONIA	CLOETE	TEMP	F	34	SF	1.10.24
184	45	2001	NICOLAAS	CLAASSEN	DESPATCH A C	M	55	55-59M	1.10.26
185	1069	1461	MARINDA	KNOWLES	NEDBANK RC EP	F	38	35-39F	1.10.53
186	30	963	SHIRLEY	JORGENSEN	CHARLO A C	F	66	65-69F	1.11.14
187	2869	1532	DIKELEDI	MAMIALA	NEDBANK RC EP	F	49	45-49F	1.12.06

188	3857	3857	TSIANE	MAKOU	TEMP	F	31	SF	1.12.17
189	3336	3336	CHANTEL	MARAIS	TEMP	F	31	SF	1.12.18
190	808	9	ANNA	SCHNETLER	P.E.A.A.C.	F	61	60-64F	1.12.47
191	817	24	SHARON	BROWN	P.E.A.A.C.	F	55	55-59F	1.12.51
192	41	947	EUSENTHA	PILLAY	CHARLO A C	F	43	40-44F	1.13.08
193	1352	446	ISABELLA	CHILDS	SPAR WALMER A C	F	67	65-69F	1.13.22
194	14	843	DEBBIE	OELOFSE	LEGACY AC	F	62	60-64F	1.14.07
195	3876	3876	MARTHA	FARMER	TEMP	F	38	35-39F	1.14.40
196	1320	481	ANGELINE	KIVEDO	SPAR WALMER A C	F	62	60-64F	1.14.49
197	1355	1636	CAROLINA	JANSE VAN RENSBURG	RALEIGH A C	F	47	45-49F	1.14.55
198	1310	140	SICELO	THABETHE	P.E.A.A.C.	M	35	35-39M	1.15.51
199	3350	3350	CHRISMA	KNOETZE	TEMP	F	44	40-44F	1.16.05
200	994	994	JOHN	PEART	TEMP	M	72	70+M	1.16.48
201	318	3440	PENNY	VAN DEN BERG	MIDACK A C	F	50	50-54F	1.17.05
202	1083	1372	BRYAN	BRINKMAN	MADIBA BAY AC	M	34	SM	1.17.06
203	1080	1370	MICHELLE	BRINKMAN	MADIBA BAY AC	F	39	35-39F	1.17.24
204	1313	324	HEILA	POTGIETER	MUIRITE STRIDER	F	30	SF	1.17.38
205	24	2014	KATHLEEN	GERTENBACH	DESPATCH A C	F	47	45-49F	1.18.09
206	3863	3863	NATASJA	VAN TONDER	TEMP	F	35	35-39F	1.18.23
207	822	351	DEIDRE	VAN WYK	MUIRITE STRIDER	F	41	40-44F	1.18.48
208	3308	3308	ELMA	POTGIETER	TEMP	F	36	35-39F	1.19.05
209	3324	3324	ANTON	POTGIETER	TEMP	M	53	50-54M	1.19.06
210	3330	3330	PRISCILLA	SWANEPOEL	TEMP	F	44	40-44F	1.19.27
211	3335	3335	JO-ANNE	OSBORN	TEMP	F	36	35-39F	1.20.40
212	3867	3867	ELIZE	UYS	TEMP	F	50	50-54F	1.21.07
213	3331	3331	SANDI	BOWLES	TEMP	F	27	SF	1.21.40
214	3306	3306	ANDRIES	POTGIETER	TEMP	M	31	SM	1.23.42
215	3334	3334	SHINAAZ	HENDRICKS	TEMP	F	35	35-39F	1.25.32
216	28	505	SILVIA	JONCK	SPAR WALMER A C	F	47	45-49F	1.26.01
217	1077	1209	LAURA	LE ROUX	ELITE A C	F	45	45-49F	1.26.50
218	49	1201	ENID	GERBER	ELITE A C	F	47	45-49F	1.26.51
219	1324	1229	RINA	BARNARD	ELITE A C	F	55	55-59F	1.27.18
220	43	2003	ELSEBE	TERBLANCHE	DESPATCH A C	F	41	40-44F	1.27.19
221	1360	379	ANNA	LE ROUX	MUIRITE STRIDER	F	61	60-64F	1.27.36
222	15	447	VAL	SANDOW	SPAR WALMER A C	F	63	60-64F	1.27.52
223	29	964	GRAHAM	JORGENSEN	CHARLO A C	M	70	70+M	1.27.56
224	3216	3216	JANINE	MATTHEE	TEMP	F	31	SF	1.30.06
225	1315	240	ABDOELAZIES	MADATT	MALABAR	M	45	45-49M	1.30.08
226	48	316	CAROLINA	SWANEPOEL	MUIRITE STRIDER	F	60	60-64F	1.30.09
227	47	314	BERTIE	RICHARDS	MUIRITE STRIDER	F	64	60-64F	1.30.10
228	1326	335	MAUREEN	DICKASON	MUIRITE STRIDER	F	52	50-54F	1.34.27
229	203	1601	ROBIN	CLARK	NEDBANK RC EP	M	67	65-69M	1.34.28
230	3925	3925	MARTIE	VORSATZ	TEMP	F	59	55-59F	1.44.29
231	1329	849	ERIKA	ZEELIE	LEGACY AC	F	44	40-44F	1.44.30
232	3851	3851	JURGENS	DU PREEZ	TEMP	M	44	40-44M	1.53.23